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Why the early Universe preferred the non-supersymmetric vacuum: part II

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ABSTRACT: It was recently shown in [1] that in the context of the ISS models with a metastable supersymmetry breaking vacuum, thermal effects generically drive the Universe to the metastable vacuum even if it began after inflation in the supersymmetry-preserving one. We continue this programme and specifically take into account two new effects. First is the effect of the mass-gap of the gauge degrees of freedom in the confining supersymmetry preserving vacua, and second, is the effect of the back reaction of the MSSM sector on the SUSY breaking ISS sector. It is shown that, even though the mass-gap is parametrically smaller than the $\langle \varphi \rangle$, $\langle \tilde{\varphi} \rangle$ vevs, it drastically reduces the temperature required for the Universe to be driven to the metastable vacuum: essentially any temperature larger than the supersymmetry breaking scale μ is sufficient. On the other hand we also find that any reasonable transmission of SUSY breaking to the MSSM sector has no effect on the vacuum transitions to, and the stability of the SUSY breaking vacuum. We conclude that for these models the early Universe does end up in the SUSY breaking vacuum.

KEYWORDS: Supersymmetry Breaking, Cosmology of Theories beyond the SM, Supersymmetry and Duality.

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1. Introduction

There is renewed interest in field-theoretical settings where a supersymmetric extension of the Standard Model (the MSSM for example) is coupled to another sector that contains supersymmetry preserving as well as a long-lived metastable supersymmetry breaking vacua (MSB). Intriligator, Seiberg and Shih (ISS) have argued that such metastable supersymmetry breaking can be a viable, calculable and remarkably simple alternative to the usual scenarios of dynamical supersymmetry breaking [2]. If the Universe started in the metastable vacuum, then the rate of escape to the supersymmetry preserving true vacuum is parametrically small in the ISS scenario and the lifetime of the metastable vacuum can easily be much longer than the age of the Universe. Supersymmetry remains broken without paying the usual high price for arranging the hidden sector to contain no supersymmetric ground states. This opens a possibility for the supersymmetry of the full theory (including the MSSM sector) to be broken by the metastable vacuum of the MSB sector.

An important question that immediately follows is why did the Universe start from the non-supersymmetric vacuum in the first place [1]? In our earlier paper [1] we provided a simple and generic explanation: thermal effects drive the Universe to the supersymmetry breaking vacuum even if it ends up after inflation in the supersymmetry preserving ground state. This happens for a large class of models, of which the ISS model is an example, that satisfy the following conditions:

• The relevant fields of the supersymmetry breaking MSB sector, of the MSSM sector, and of the messenger sector are in thermal equilibrium. This is the case if the SUSY breaking scenario is gauge mediation, direct mediation, or even a visible sector breaking. (On the other hand, a SUSY breaking sector which couples to MSSM only gravitationally would remain out of thermal equilibrium.)

The MSB sector is IR free and the supersymmetry preserving vacua are induced by "dynamical supersymmetry restoration". This condition is enough to ensure that the SUSY preserving vacua |vac⟩₀ contain fewer light degrees of freedom than the metastable ground state near the origin, |vac⟩₊, because one always has to *integrate out* flavours to induce the dynamical term in the superpotential that restores the supersymmetric vacua. In addition, the dynamical restoration of supersymmetry guarantees a wide separation between |vac⟩₊ and |vac⟩₀ and hence the long lifetime of the metastable minimum.

In the present paper we will further refine and build upon this idea. There are two main results of this study. First, we reconsider the lower bound on the reheat temperature in order for the Universe to be always driven to the non-supersymmetric MSB vacuum, $|vac\rangle_+$, by thermal effects. In ref.[1] a sufficient condition was obtained, namely that the reheat temperature should be higher than the vev of the supersymmetry preserving vacuum, $T_R \gtrsim \Phi_0/\log \Phi_0^4$. This bound was derived by considering the effect of the N_f flavours of φ and $\tilde{\varphi}$ fields becoming heavy in the supersymmetric vacuum $|vac\rangle_0$, but neglecting the effect of the mass-gap for gauge degrees of freedom generated by the confinement of SU(N)in $|vac\rangle_0$. Since the latter would further reduce the number of light degrees of freedom in $|vac\rangle_0$, it was argued that this could only lower the required reheat temperature. In this paper we determine by how much and find a surprising result; we show that although the mass-gap is parametrically small relative to Φ_0 , it in fact *dramatically* reduces the minimal value of the reheat temperature, T_R , necessary for the Universe to end up in the nonsupersymmetric $|vac\rangle_+$. We will show that $T_R > \text{few} \times \mu$, where μ is the SUSY breaking scale, is sufficient. This result is also essentially independent of the other parameters of the model, such as the position of the supersymmetry preserving vacua $\Phi_0 \gg \mu$ or the numbers of colours and flavours N and N_f of the ISS model. To get an idea of the relevant scales in our MSB-MSSM theory one can, for example, think of μ (the SUSY breaking scale) to be of the order $\mu \sim 1-10^3$ TeV and Φ_0 (the dynamically generated vev of the SUSY vacuum) to be of the order e.g. $\Phi_0 \sim 100 \,\mu$. Of course, a much wider range for both, μ and Φ_0 is possible and our analysis is not affected by these values.

Our second observation, which we discuss in detail in section 5, concerns the effect of the coupling of the MSB sector to the MSSM. In general one might be concerned that the MSSM sector could alter our picture drastically. This is because the mass-splittings between Standard Model particles and their superpartners induced in the metastable minimum can result in a large number of MSSM states being massive at the origin, but relatively light in the supersymmetry preserving minima. This effect reduces the number of light degrees of freedom in the vicinity of $|vac\rangle_+$ relative to the SUSY preserving vacuum, and can potentially start eroding the minimum at the origin of the thermal effective potential. However, we will show that due to the large separation between $|vac\rangle_+$ and $|vac\rangle_0$ in field space, and under extremely general assumptions about the communication of the supersymmetry breaking to the visible sector and the induced mass-splittings, the entire visible sector is rendered harmless and the effects of its mass splittings essentially decouple from the discussion of the thermal and cosmological properties of the MSB sector. Thus, once the Universe is driven to the SUSY breaking vacuum $|vac\rangle_+$ after reheating, it will not be able to escape back to the supersymmetric $|vac\rangle_0$ even when we couple the MSB sector to the MSSM sector and take into account the disappearance of mass splittings between partners and superpartners of the MSSM spectrum in $|vac\rangle_+$.

Two other interesting papers [3, 4] have appeared that are in accord with the conclusions of [1] and upon which the present discussion touches (although both [3, 4] began with the assumption that the system starts near the origin and were therefore somewhat orthogonal to our approach in [1]). Ref.[3] discussed the fact that thermal effects stabilize the metastable minimum rather than drive it away from the origin, and our findings here confirm and extend that discussion: the coupling of the MSB sector to the MSSM cannot change that conclusion for any reasonable choice of parameters. Ref. [4] showed in a careful analysis of the behaviour of the potential near the metastable origin, that on lowering the temperature to $\sim \mu$ there is a second order phase transition whose endpoint is the metastable minimum rather than the supersymmetric one.

Other relevant recent work on metastable supersymmetry breaking in the context of strings, M-theory and field theory includes [5-15].

2. Recall: set-up for the ISS model and the effective potential

We choose the MSB sector to be described by the simplest known theory which exhibits a metastable SUSY breaking – the original ISS model [2]. It is given by an SU(N) SYM theory coupled to N_f flavours of chiral superfields φ and $\tilde{\varphi}$ transforming in the fundamental and the anti-fundamental representations of the gauge group. There is also an $N_f \times N_f$ chiral superfield Φ_j^i which is a gauge singlet. The number of flavours is taken to be large, $N_f > 3N$, such that the β -function for the gauge coupling is positive, i.e. $b_0 = 3N - N_f < 0$. The theory is free in the IR and strongly coupled in the UV where it develops a Landau pole at the energy-scale Λ_L . At scales $E \ll \Lambda_L$ the theory is weakly coupled and its low-energy dynamics as well as the vacuum structure is under control. In particular, this guarantees a robust understanding of the theory in the metastable SUSY breaking vacuum found in [2].¹

The tree-level superpotential of the ISS model is given by

$$W_{\rm cl} = h \operatorname{Tr}_{N_f} \varphi \Phi \tilde{\varphi} - h \mu^2 \operatorname{Tr}_{N_f} \Phi \tag{2.1}$$

where h and μ are constants and μ is taken to be much smaller than the cut-off scale Λ_L . The usual holomorphicity arguments imply that the superpotential (2.1) receives no corrections in perturbation theory. However, there is a non-perturbative contribution to the full superpotential of the theory, $W = W_{\rm cl} + W_{\rm dyn}$, which is generated dynamically [2]

¹At energy scales of order Λ_L and above, this effective description breaks down and one should use instead a different (microscopic) description of the theory. It is provided by its Seiberg dual formulation [16, 17] as explained in [2]. For our present purposes, we will always work at scales below Λ_L and we will only use the macroscopic formulation of the ISS model.

and is given by

$$W_{\rm dyn} = N \left(h^{N_f} \frac{\det_{N_f} \Phi}{\Lambda_L^{N_f - 3N}} \right)^{\frac{1}{N}}$$
(2.2)

The authors of [2] have studied the vacuum structure of the theory and established the existence of the metastable vacuum $|vac\rangle_+$ with non-vanishing vacuum energy V_+ characterised by

$$\langle \varphi \rangle = \langle \tilde{\varphi}^T \rangle = \mu \begin{pmatrix} \mathbb{1}_N \\ 0_{N_f - N} \end{pmatrix}, \quad \langle \Phi \rangle = 0, \qquad V_+ = (N_f - N)|h^2 \mu^4|$$
(2.3)

as well as the SUSY preserving stable vacuum² $|vac\rangle_0$,

$$\langle \varphi \rangle = \langle \tilde{\varphi}^T \rangle = 0 , \quad \langle \Phi \rangle = \Phi_0 = \mu \gamma_0 \mathbb{1}_{N_f} , \qquad V_0 = 0$$
 (2.4)

where $V_0 = 0$ is the energy density in this vacuum and

$$\gamma_0 = \left(h\epsilon^{\frac{N_f - 3N}{N_f - N}}\right)^{-1}$$
, and $\epsilon := \frac{\mu}{\Lambda_L} \ll 1.$ (2.5)

In the metastable nonsupersymmetric vacuum (2.3) the SU(N) gauge group is Higgsed by the vevs of φ and $\tilde{\varphi}$ and the gauge degrees of freedom are massive with $m_{\text{gauge}} = g\mu$. This supersymmetry breaking vacuum $|\text{vac}\rangle_+$ originates from the so-called rank condition, which implies that there are no solutions to the F-flatness equation $F_{\Phi_i^j} = 0$ for the classical superpotential W_{cl} . The appearance of the SUSY preserving vacuum (2.4) is caused by the non-perturbative superpotential W_{dyn} and can be interpreted in the ISS model as a nonperturbative or dynamical restoration of supersymmetry [2].

In [1] we parameterised the path interpolating between the two vacua (2.3) and (2.4) in field space via

$$\varphi(\sigma) = \tilde{\varphi}^T(\sigma) = \sigma \mu \begin{pmatrix} \mathbb{1}_N \\ 0_{N_f - N} \end{pmatrix}, \quad \Phi(\gamma) = \gamma \mu \mathbb{1}_{N_f}, \qquad 0 \le \gamma \le \gamma_0, \ 1 \ge \sigma \ge 0 \quad (2.6)$$

Since the Kahler potential in the free magnetic phase in the IR is that of the classical theory, the zero-temperature effective potential $V_{T=0}(\gamma, \sigma)$ on the interpolating trajectory (2.6) can be determined directly from the superpotential of the theory (2.1), (2.2).

Both, the interpolating trajectory, (2.6), and the resulting effective potential $V_{T=0}(\gamma, \sigma)$ are functions of two independent variables, σ and γ , which parameterise the two directions in the field space: $\varphi = \tilde{\varphi} = \sigma \mu$ and $\Phi = \gamma \mu$. Instead of plotting $V_{T=0}$ over the twodimensional field-space, we have chosen in [1] to parameterise it by a single combined direction as follows. For each fixed value of γ we minimise $V_{T=0}$ is terms of σ . For $0 \leq \gamma \leq 1$ the minimum is at $\sigma(\gamma) = \sqrt{1 - \gamma^2}$, and for $1 \leq \gamma$ the minimum is at $\sigma(\gamma) = 0$. The

²In fact there are precisely $N_f - N = N_c$ of such vacua differing by the phase $e^{2\pi i/(N_f - N)}$ as required by the Witten index of the microscopic Seiberg dual formulation of the ISS theory.



Figure 1: Zero temperature effective potential $\hat{V}_{T=0}(\gamma)$ as a function of $\gamma = \Phi/\mu$. Solid line denotes the potential of eq. (2.8), and dashed line — the potential of eq. (2.7) For the SUSY preserving vacuum $|vac\rangle_0$ we chose $\gamma = \gamma_0 = 7.5$. The SUSY breaking metastable minimum $|vac\rangle_+$ is always at $\gamma = 0$. We have taken the minimal allowed values for N and N_f , N = 2, $N_f = 7$.

resulting expression for the effective potential $V_{T=0}(\gamma, \sigma(\gamma))$ is now a function of γ alone

$$V_{T=0}(\gamma, \sigma(\gamma)) = |h^{2}\mu^{4}| \begin{cases} N_{f} - N + 2N\gamma^{2}(1 - \frac{1}{2}\gamma^{2}) & 0 \le \gamma \le 1\\ N_{f}\left(\left(\frac{\gamma}{\gamma_{0}}\right)^{\frac{N_{f} - N}{N}} - 1\right)^{2} & 1 \le \gamma \end{cases}$$
(2.7)

which we plot in Figure 1 as the dashed line. The SUSY preserving minimum $|\text{vac}\rangle_0$ appears at $\gamma = \gamma_0$ far away from the origin as expected, while the SUSY breaking minimum $|\text{vac}\rangle_+$ shows up at the origin in Figure 1. However, from the two-dimensional (γ, σ) perspective $|\text{vac}\rangle_+$ actually appears slightly away from the origin in the $\sigma = \varphi/\mu$ direction at $\sigma = 1 \ll \gamma_0$. When thermal effects are added to the effective potential, the values of V away from the origin will be lifted relative to the origin in the field space, and at temperatures above the restoration of SU(N) temperature, the minimum $|\text{vac}\rangle_+$ will be shifted precisely to the origin $\sigma = 0$ and $\gamma = 0$. For this reason, in the present paper we will use for the zero-temperature effective potential the expression without the dip at the origin,

$$V_{T=0}(\gamma) = |h^2 \mu^4| N_f \left(\left(\frac{\gamma}{\gamma_0}\right)^{\frac{N_f - N}{N}} - 1 \right)^2, \qquad 0 \le \gamma$$
(2.8)

This expression is plotted in Figure 1 as the solid line. We stress again, that at exactly zero temperature the potential at the origin is at the saddle point and the metastable minimum $|\text{vac}\rangle_{+}$ is reached in from there by stepping to $\sigma = 1$ in the (orthogonal to the plot) σ direction. However, at already sufficiently low temperatures $T \geq T_{SU(N)}$ the minimum shifts to the origin.

In ref. [4] the SU(N) restoration temperature was determined to be

$$T_{SU(N)} = \frac{\sqrt{2}\,\mu}{\sqrt{3N_f - N} + \mathcal{O}(g^2)}$$
(2.9)

which for the minimal case of $N_f = 7$ and N = 2 gives $T_{SU(N)} \simeq 0.3 \mu$, and for all our applications can be considered to be small. The authors of [4] have also argued that the phase transition from the minimum at the origin (at $T > T_{SU(N)}$) to the minimum $|\text{vac}\rangle_+$ at $\sigma = 1$, $\gamma = 0$ is second order. In the rest of the paper we will use the expression for the effective potential (2.8) which has no dip at the origin. For $\Phi_0 \gg \mu$ or equivalently, $\gamma_0 \gg \sigma = 1$ there will be little difference between the potentials in (2.8), in (2.7) or the two-dimensional one.

The key features of this effective potential are (1) the large distance between the two vacua, $\gamma_0 \gg 1$, and (2) the slow rise of the potential to the left of the SUSY preserving vacuum. (For aesthetic reasons γ_0 in Figure 1. is actually chosen to be rather small, $\gamma = \gamma_0 = 7.5$.)

The authors of [2] have already estimated the tunnelling rate from the metastable $|vac\rangle_+$ to the supersymmetric vacuum $|vac\rangle_0$ by approximating the potential in Figure 1 in terms of a triangle. It is always possible, by choosing sufficiently small ϵ , to ensure that the decay time of the metastable vacuum to the SUSY ground state is much longer than the age of the Universe. On closer inspection the constraints imposed by this condition are in any case very weak.

3. Effects of φ , $\tilde{\varphi}$ and confining gauge fields at finite temperature

The effective potential at finite temperature along the Φ direction is governed by the following well-known expression [18]:

$$V_T(\Phi) = V_{T=0}(\Phi) + \frac{T^4}{2\pi^2} \sum_i \pm n_i \int_0^\infty \mathrm{d}q \, q^2 \ln\left(1 \mp \exp(-\sqrt{q^2 + m_i^2(\Phi)/T^2})\right)$$
(3.1)

The first term on the right hand side is the zero temperature value of the effective potential. The second term is the purely thermal correction (which vanishes at T = 0) and it is determined at one-loop in perturbation theory. The n_i denote the numbers of degrees of freedom present in the theory³ and the summation is over all of these degrees of freedom. The upper sign is for bosons and the lower one for fermions. Finally, $m_i(\Phi)$ denote the masses of these degrees of freedom induced by the vevs of the field Φ .

As in [1] we will be using dimensionless variables for the field $\gamma = \Phi/\mu$ and temperature,

$$\Theta = T/|h\mu| \tag{3.2}$$

and will define a rescaled potential \hat{V} which does not have the overall constant $|h^2 \mu^4|$ (cf. Eq. (2.8))

$$\hat{V}_{\Theta=0}(\gamma) = \frac{1}{|h^2\mu^4|} V_{\Theta=0}(\gamma) , \quad \hat{V}_{\Theta}(\gamma) = \frac{1}{|h^2\mu^4|} V_{\Theta}(\gamma)$$
(3.3)

As we interpolate from the metastable vacuum to the supersymmetric one, the N_f flavours of φ and $\tilde{\varphi}$ acquire masses $m_{\varphi} = h\Phi = h\mu\gamma$ and become heavy at large values of Φ . This effect gives the contribution to the second term on the right hand side of (3.1) of

³Weyl fermions and complex scalars each count as n = 2.

the $form^4$

$$\Delta \hat{V}_{\Theta\varphi,\tilde{\varphi}}(\gamma) = \frac{h^2}{2\pi^2} \Theta^4 \sum_{\pm} \pm 4NN_f \int_0^\infty \mathrm{d}q \, q^2 \ln\left(1 \mp \exp(-\sqrt{q^2 + \gamma^2/\Theta^2})\right). \tag{3.4}$$

The above contribution (3.4) to the effective potential takes into account the mismatch between the light and heavy φ , $\tilde{\varphi}$ degrees of freedom in the vicinity of the vacua $|vac\rangle_+$ and $|vac\rangle_0$. This is precisely the contribution already taken into account in [1]. We will now also include the effect of massive SU(N) degrees of freedom (gauge fields and gauginos of the ISS sector). In the SUSY breaking vacuum $|vac\rangle_+$ these degrees of freedom can be counted as massless⁵, but in the SUSY preserving vacuum $|vac\rangle_0$ the gauge group is confined. This implies that there is a mass-gap for the gauge degrees of freedom which is set by the value of the gaugino condensate $\langle \lambda \lambda \rangle$.

What happens is that away from the SUSY breaking SU(N) vacuum $|vac\rangle_+$ the masseigenstate spectrum for gauge degrees of freedom changes from massless gauge fields and gauginos to massive colourless states. We will model this effect by continuing to use the 1-loop approximation of (3.1), in terms of dressed or *massive* gauge fields and gauginos. Their mass is given by the mass-gap,

$$m_{\text{gauge}} = \langle \lambda \lambda \rangle^{\frac{1}{3}} = \left(\frac{(h\mu\gamma)^{N_f}}{\Lambda_L^{N_f - 3N}} \right)^{\frac{1}{3N}}$$
 (3.5)

On the right hand side of (3.5) we used the (exact) value of the gaugino condensate as determined by the nonperturbative superpotential (2.2) and we have expressed everything in terms of the dimensionless variable γ . Relating to the value of γ at the SUSY preserving vacuum $|vac\rangle_0$ we rewrite (3.5) as

$$m_{\text{gauge}} = h^{\frac{1}{3}} \mu \left(\frac{\gamma}{\gamma_0}\right)^{\frac{N_f}{3N}} \gamma_0^{\frac{1}{3}}$$
(3.6)

which at large γ lies in the expected range $\mu \ll m_{\text{gauge}} \ll m_{\varphi}$ for $\epsilon \ll 1$.

This analysis leads us to the following expression for the contribution of gauge degrees of freedom to the thermal effective potential (3.1)

$$\Delta \hat{V}_{\Theta \text{ gauge}}(\gamma) = \frac{h^2}{2\pi^2} \Theta^4 \sum_{\pm} \pm 2(N^2 - 1) \int_0^\infty \mathrm{d}q \, q^2 \ln\left(1 \mp \exp(-\sqrt{q^2 + m_{\text{gauge}}^2/T^2})\right) \quad (3.7)$$

where

$$\frac{m_{\text{gauge}}^2}{T^2} = h^{-\frac{4}{3}} \left(\frac{\gamma}{\gamma_0}\right)^{\frac{2N_f}{3N}} \gamma_0^{\frac{2}{3}} \frac{1}{\Theta^2}$$
(3.8)

⁴There are only two terms in the sum in (3.4): one for bosons (+), and one for fermions (-). The prefactor $4NN_f$ counts the total number of bosonic degrees of freedom in φ_i^a and $\tilde{\varphi}_a^i$.

⁵At very low temperatures the gauge group SU(N) is Higgsed and gauge masses are $m_{\text{gauge}} = g\mu$ which are considered negligible. At slightly higher temperatures $T \sim \frac{1}{2}\mu$ the SU(N) is restored and all gauge degrees of freedom become truly massless.

In figure 2 we plot the thermal effective potential of the ISS model including gauge mass-gap effects (black solid line)

$$\hat{V}_{\Theta \text{ tot}} = \hat{V}_{\Theta=0}(\gamma) + \Delta \hat{V}_{\Theta \varphi, \tilde{\varphi}}(\gamma) + \Delta \hat{V}_{\Theta \text{ gauge}}(\gamma)$$
(3.9)

versus the expression for \hat{V}_{Θ} where the mass-gap for gauge degrees of freedom is not taken into account (red dashed line),

$$\hat{V}_{\Theta} = \hat{V}_{\Theta=0}(\gamma) + \Delta \hat{V}_{\Theta \varphi, \tilde{\varphi}}(\gamma) + \Delta \hat{V}_{\Theta \text{ gauge}}(\gamma = 0)$$
(3.10)

The last term in the above equation, $\Delta \hat{V}_{\Theta \text{ gauge}}(\gamma = 0)$, is a constant shift of the potential as a whole; it does not affect the relative heights of $|\text{vac}\rangle_+$ and $|\text{vac}\rangle_0$ and is included to represent the contributions of massless gauge degrees of freedom.

It follows from our results in figure 2 that the inclusion of the dynamical gauge boson masses in (3.9) does lower the critical temperature significantly. This is even more apparent in figure 3 where we compare the critical temperature with gauge boson masses included to the one obtained when we include only the mass effects of φ and $\tilde{\varphi}$ fields. Indeed, performing a similar analysis as the one in [1, section 3.2.1] one obtains in leading order for large γ_0 ,

$$\Theta_{\rm crit} \sim \frac{\gamma_0^{\frac{1}{3}}}{\log\left(\gamma^{\frac{4}{3}}\right)},\tag{3.11}$$

which is parametrically smaller than γ_0 . For not too large values of γ_0 , say $\gamma_0 \leq 1000$, we note (cf. figure 3) that the resulting critical temperature is of order a few μ and does not depend strongly on the value of γ_0 .

Furthermore Θ_{crit} is not very sensitive to the choice of N_f and N either, as we can see in figure 4.

4. Behaviour of the field after nucleation/rolling

As in [1], one should examine the behaviour of the fields to make sure that for temperatures $T \gtrsim T_{\rm crit}$ the phase transition to the vacuum at the origin completes. There are two timescales that are of concern: the time for the field Φ to roll to $|{\rm vac}_+\rangle$ and the time for oscillations around $|{\rm vac}_+\rangle$ to be damped. The situation can in principle be much more delicate than anticipated in our previous paper since as we have seen in the previous section, the mass scales involved are parametrically different. In this section we will therefore briefly revisit the cosmological discussion in order to make sure our previous conclusion that at temperatures $T \gtrsim T_{\rm crit}$ the phase transition completes is unchanged.

Again, in order to make order of magnitude estimates of timescales, it is sufficient to model the classical potential as linear,

$$V = \operatorname{const} T^4 \frac{\Phi}{\Phi_0}.$$
(4.1)

Neglecting for the moment the damping effect of the $\varphi \Phi \tilde{\varphi}$ coupling, and solving the field equations assuming that the contribution of the Hubble constant, $H \sim T^2/M_{\rm Pl}$ is negligible,

we find that the field falls to the origin in time

$$\Delta t = \operatorname{const}' \frac{\Phi_0}{T_0^2} \sim \frac{\Phi_0}{M_{\rm Pl}} t_0, \qquad (4.2)$$

where we have assumed a radiation dominated Friedmann-Robertson-Walker universe with scale factor $a(t) \sim (t/t_0)^{\frac{1}{2}}$ and $T = T_0/a(t)$.

This time Δt should be much shorter than the time needed for the Universe to cool enough for the origin to be lifted, which is $t_{\text{cool}} \sim t_0$. This condition is satisfied

$$t_{\rm cool} \sim t_0 \gg \Delta t$$
, as long as $\Phi_0 \ll M_{Pl}$ (4.3)

which in our settings is always the case.

After the transition, the field Φ undergoes coherent oscillation about the origin. Again, the damping provided by the $h\varphi\Phi\tilde{\varphi}$ coupling captures the field Φ at the origin and prevents it escaping as T cools: the decaying oscillation amplitudes are of order

$$\frac{\Phi_{\max}(T)}{\Phi_0} = \sqrt{\frac{T}{T_0}} e^{-\frac{1}{2}\Gamma_{\Phi}(t-t_0)}$$
(4.4)

where the typical decay rate is $\Gamma_{\Phi} \sim T$. As a most conservative case, assuming that the initial temperature was of order μ and initial oscillations of order Φ_0 , we use

$$T \sim T_0 \sim \mu$$
, $\Gamma_{\Phi}(t - t_0) \sim \mu t_0 \sim \mu M_{\rm Pl}/T^2 \sim M_{\rm Pl}/\mu$ (4.5)

and find

$$\frac{\Phi_{max}}{\mu} \sim \frac{\Phi_0}{M_{Pl}} \frac{M_{Pl}}{\mu} e^{-\frac{1}{2}\frac{M_{Pl}}{\mu}} \le 2e^{-1} \frac{\Phi_0}{M_{Pl}} < 1$$
(4.6)

or $\Phi_{max} < \mu \ll \Phi_0$ and the oscillations are damped.

5. Effects of Standard Model mass splittings

So far we have considered thermal effects in the pure ISS model. In a more realistic scenario the ISS model will act as the supersymmetry breaking sector coupled to a supersymmetric extension of the Standard Model. In this section we will include effects of the Standard Model particles and their superpartners.

In the metastable state $|vac\rangle_+$ supersymmetry is broken at a scale $\sim \mu$. In the supersymmetric state $|vac\rangle_0$ supersymmetry is unbroken. This implies that the mass splittings between SM particles and their superpartners are zero in $|vac\rangle_0$, and of the order $\alpha\mu$ in $|vac\rangle_+$ (where α is a coupling for the mediation of SUSY breaking; in the following analysis we assume $\alpha^2 < 1$).

In principle we can envision several possible ways that SUSY can be restored in $|vac\rangle_0$ (in the following we neglect all SM masses in $|vac\rangle_+$ whereas all superpartners get masses $\alpha\mu$ in $|vac\rangle_+$). In figure 5 we schematically depict three possibilities for how the masses of SM particles and their superpartners behave as functions of γ . If both, the masses of the SM particles and their superpartners, are monotonically increasing (green and blue curves in figure 5) they act in the same direction as the φ -fields whose masses also increase with γ . At nonvanishing temperature they will stabilize $|vac\rangle_+$. However, if the masses decrease towards γ_0 (red curves in figure 5) we expect a destabilising effect, because we get additional massless degrees of freedom in the supersymmetric vacuum $|vac\rangle_+$. Let us now investigate whether this destabilizing effect can lead to transitions towards the supersymmetric vacuum.

We expect the strongest destabilizing effect on $|vac\rangle_+$ if the masses of the superpartners tend to zero at $\gamma = \gamma_0$ while the masses of the SM particle remain zero (red line in figure 5). We consider two simple possibilities for the MSSM sector superpartner masses m_{SP} ,

$$m_{SP}(\gamma) = \alpha \mu \frac{(\gamma_0 - \gamma)}{\gamma_0},\tag{5.1}$$

$$m_{SP}'(\gamma) = \alpha \mu \left(\frac{V_{T=0}(\gamma)}{V_{T=0}(0)}\right)^{\frac{1}{4}} = \alpha \mu \left(1 - \left(\frac{\gamma}{\gamma_0}\right)^{\frac{N_f - N}{N}}\right)^{\frac{1}{2}}.$$
(5.2)

The first one, m_{SP} is the simplest possible linear behavior whereas m'_{SP} relates the supersymmetry breaking to the value of the potential, Eq. (2.8).

Transitions to the supersymmetric vacuum can only occur for temperatures below the degeneracy temperature T_{degen} . In general T_{degen} will be shifted to slightly larger values in the presence of particles which are massless at γ_0 but massive at⁶ $\gamma = 0$.

$$T_{\text{degen}}^{SM} = T_{\text{degen}} + \frac{1}{16} \left(\frac{3}{2\pi^2}\right)^{\frac{3}{4}} N_f^{-\frac{1}{4}} (2NN_f + N^2 - 1)^{-\frac{3}{4}} \frac{\alpha^2}{h^{\frac{1}{2}}} N_{SM} \mu + \mathcal{O}\left(\alpha^4 N_{SM}^2\right), \quad (5.3)$$

where N_{SM} is the number of massive superpartners half of which are bosons and the other half are fermions. In the following we will assume⁷ $T_{\text{degen}} > T > T_{SU(N)} > 0.2 \mu$. For temperatures below $T_{SU(N)}$ the supersymmetry breaking minimum is even more stable due to the formation of the σ condensate (i.e. Higgsing of the SU(N)).

Let us first determine whether the SM particles can completely erode the minimum at the origin thereby allowing for classical transitions to the SUSY vacuum. For $T > T_{SU(N)}$ and close to $\gamma = 0$ the zero-temperature contribution $V_{T=0}$, Eq. (2.8), to the potential is

$$V_{T=0}(\gamma) \approx N_f \left(1 - 2 \left(\frac{\gamma}{\gamma_0} \right)^{\frac{N_f - N}{N}} \right) |h^2 \mu^4|.$$
(5.4)

As long as the masses are $m \lesssim T$ the thermal contribution gives,

$$\Delta V_T = -\frac{\pi^2}{90} T^4 \left(n_B + \frac{7}{8} n_F \right) + \frac{1}{24} T^2 \left(\sum_B m_B^2 + \frac{1}{2} \sum_F m_F^2 \right)$$
(5.5)

⁶For the same reason $T_{\rm crit}$ will slightly increase, too.

⁷For too small $T_{SU(N)}$, the stabilization of the local minimum $\sim -T^4$ at the origin becomes very weak just above $T_{SU(N)}$ and tunnelling in the direction of $|vac\rangle_0$ may become possible for relatively small values of γ_0 even in absence of additional SM sector particles. The inequality $T_{SU(N)} > 0.2$ places a rather mild bound on N_f . For small gauge coupling $g^2 \ll h^2$, $3N_f - N < 50$ is a sufficient condition.

where n_B and n_F are the number of fermionic and bosonic degrees of freedom and m_B and m_F correspond to the masses of bosons and fermions. The masses of the φ -fields and the gauge boson masses grow with γ and tend to stabilize a local minimum at $\gamma = 0$ (cf. Eq. (5.5)). The masses from the SM sector can, however, decrease (red line in figure 5) thereby destabilizing $\gamma = 0$. Neglecting the gauge boson masses for simplicity and assuming that all massive particles of the SM sector have equal masses m_{SM} the thermal contribution is,

$$\Delta \hat{V}_{\Theta}(\gamma) = -\frac{\pi^2}{96} h^2 \Theta^4 \left(8NN_f + N_{SM}\right) + \frac{NN_f}{4} h^2 \Theta^2 \gamma^2 + \frac{N_{SM}}{32} \Theta^2 m_{SM}^2(\gamma),$$

for $m_{SM}, h^2 \gamma \lesssim T$. (5.6)

If we can find a point $\gamma_1 < \gamma_0$ such that

$$V_{\Theta}(\gamma_1) > V_{\Theta}(0) \tag{5.7}$$

we have to cross a barrier on our way to the supersymmetric minimum at γ_0 and classical evolution to the state $|vac\rangle_0$ is impossible. Using Eq. (5.1) for the masses of the massive SM sector fields we find

$$\hat{V}_{\Theta}(1/10) - \hat{V}_{\Theta}(0) = \frac{NN_f}{400} \Theta^2 h^2 \mu^2 \left(1 - \frac{5}{2} \frac{N_{SM}}{h^2 N N_f} \frac{\alpha^2}{\gamma_0} \right) + \mathcal{O}\left(\gamma_0^{\frac{N-N_f}{N}}\right).$$
(5.8)

If the term in the brackets is positive we have the desired barrier. For $h \sim 1$, $\gamma_0 \sim 100$ and $N_{SM} < 10^3$ this allows all $\alpha^2 \leq 0.5$. Using the for Eq. (5.2) for the mass we obtain

$$\hat{V}_{\Theta}(1/10) - \hat{V}_{\Theta}(0) = \frac{NN_f}{400} \Theta^2 h^4 \mu^2 + \mathcal{O}\left(\gamma_0^{\frac{N-N_f}{N}}\right) > 0.$$
(5.9)

In this order we get no bound on α at all because the dependence of the mass on γ_0 is even weaker in the interesting region around the origin.

Let us now check whether tunnelling is sufficiently suppressed. For the tunnelling we model the potential by a flat potential depicted in figure 6. Between $\gamma = 0$ and $\gamma = \gamma_x$, the potential is flat with value $V_T(\gamma_x) = V_T(0)$. Then it decreases linearly towards $V_T(\gamma_0)$ at γ_0 . Using similar approximations as above⁸ one finds that

$$\frac{\gamma_x}{\gamma_0} \gtrsim 0.05 \quad \text{for} \quad \gamma_0 \gtrsim 50, \ N_{SM} \lesssim 10^3 \quad \text{and} \quad \alpha \lesssim 0.1,$$
 (5.10)

demonstrating that the thickness of the barrier grows parametrically with γ_0 . For our model potential the bounce action is (cf. [1]),

$$\frac{S^{3D}}{T} = \frac{8\pi}{\Theta h^2} \frac{\sqrt{3}}{5} N_f \gamma_x^{\frac{5}{2}} (\gamma_0 - \gamma_x)^{\frac{1}{2}}$$
(5.11)

and

$$\frac{S^{3D}}{T} \gtrsim 250 \quad \text{for} \quad \gamma_0 \gtrsim 50. \tag{5.12}$$

We conclude that under relatively mild conditions, SM sector particles do not induce transitions to the supersymmetric vacuum $|vac\rangle_0$.

⁸For $h^2\Theta^2 \leq \gamma_x^2/\gamma_0^2$ the change in the zero temperature contribution, Eq. (5.4), to the potential cannot be neglected. We have checked numerically that the relation nevertheless holds in these cases, too.

6. Conclusions

In this paper and in its companion [1] we have examined the dynamics of metastable SUSY breaking vacua in a cosmological setting. We conclude that generically the Universe is driven to the supersymmetry breaking metastable vacuum by thermal effects.

In this paper we focused on the contributions to the effective potential of the gauge degrees of freedom which develop a mass-gap in the SUSY preserving confining vacua in the MSB sector. This reduces drastically the temperature required for the Universe to be driven to the metastable vacuum. We found that essentially any temperature larger than a few times the supersymmetry breaking scale μ is sufficient to ensure that the Universe ends in the desired nonsupersymmetric vacuum state.

Furthermore, we have investigated the effects of the MSSM sector fields on the fate of this nonsupersymmetric vacuum. We have found (under very mild assumptions) that they are negligible and do not affect the stability of $|vac\rangle_+$.

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Figure 3: Θ_{crit} (solid black) and $\Theta_{\text{crit}}^{\text{old}}$ (red dashed) as functions of γ_0 for $N_f = 7$ and N = 2. The left panel is plotted linearly whereas the right panel is a double logarithmic plot.



Figure 4: Θ_{crit} as a function of γ_0 for $N_f = 7$ (black), $N_f = 12$ (green), and $N_f = 100$ (red). The number of colours is N = 2. The left plot is linear whereas the right is logarithmic on the horizontal axis. Note that the dependence of Θ_{crit} on γ_0 is always relatively weak.



Figure 5: Possible scenarios for the masses of the SM particles (solid) and their superpartners (dashed) as a function of γ . In the state $|vac\rangle_+$ at $\gamma = 0$ SM particles are light and superpartners have masses $\alpha\mu$. At $\gamma = \gamma_0$ supersymmetry is restored and the difference between the masses of particles and their superpartner vanishes. Away from the special points $\gamma = 0$ and $\gamma = \gamma_0$ the behavior is model dependent. The different colours depict three possibilities how the masses could behave.



Figure 6: Flat potential (red) used in the model the true potential (black) in the estimate of the tunnelling rate.